

Compliments of

*Senior Life* LLC

115 Metro Park - Ste 2 - Back Entrance  
Rochester NY 14623

585-424-2424

*"Help is as far away as your phone."*

**THE ELDERCARE SYSTEM  
HAS CHANGED DRASTICALLY**

Don't HOPE you are making the right decisions,  
and getting the best opportunities,  
KNOW you are.

Jennifer Meagher RN is recognized locally as a

**LEADING EXPERT  
IN ASSESSING, EXPLAINING,  
and SOLVING DIFFICULTIES.**

**COMMON SERVICE REQUESTS**

**HOSPITAL DISCHARGE DISTRESS**

Optimize plans –  
even at the last minute.

**REHAB ADMISSION ASSISTANCE**

PRI and SCREENS

**MEDICARE APPEALS**

Learn what to do to win.

**NURSING HOME ADMISSION ASSISTANCE**

Nursing home ratings and criteria for admission.

**DISSATISFACTION WITH THE CARE PROVIDED**

At any location. We know NYS regulations.

**HOW TO STAY AT HOME**

Costs, insurance coverage, where to find aides.

**LONG TERM CARE INSURANCE**

How to use it to the best advantage.

**FUTURE PLANNING**

What is possible, costs, stretching your  
dollars and estate planning Q&A.

*SENIOR LIFE LLC since 2005*

**ONE List**

**Elder Care Contacts!**



It's all about who you know  
and who you trust.

We trust every name  
on this list.

*Senior Life* LLC



JENNIFER MEAGHER RN  
Owner

*Senior Life* LLC

It feels good to know a name you can trust before you place a call.

And it feels great to have a very positive experience with that person.

The professionals listed here roll out gold standard service.

I personally endorse each.

### **HOLD ONTO THIS LIST**

My appliance repairman had a list like this for home maintenance businesses. It has come in handy again and again.

### **NOTE**

These are not the only highly rated services in town. This is a short list of those I know best.

# ONE List

## **ELDERCARE NAVIGATORS – CONSULTANTS – ADVOCATES**

Jennifer, Christine, and Raelynn  
SENIOR LIFE LLC. 585-424-2424

Professional insiders as far away as your phone.

## **HCR HOME CARE - Certified & Licensed – Roxanne Carey**

YOUR HOME, YOUR HEALTH, YOUR CHOICE! 585-295-6476  
Home Health Aides, Personal Care Aides, Skilled Nursing,  
Physical/Occupational/Speech Therapies, Care Management.

## **MOBILE NOTARY-ANY HOUR ANY DAY ANY PLACE – Carole Castle**

CASTLE MOBILE NOTARY AND APOSTILLE SERVICES. 585-310-4866  
Estate Documents, Deeds, Power of Attorney, Trusts, Wills, etc.

## **ELDER LAW ATTORNEY – Dan Williford**

MCCONVILLE CONSIDINE COOMAN & MORIN. 585-512-3511  
Asset Protection, Power of Attorney, Wills, Medicaid applications.

## **MORE THAN A HANDYMAN – Michael Stone**

HOME AND GARDEN MAINTENANCE FOR SENIORS. 585-474-2666  
“As long as I’m there, what else can I help with”?

## **MEDICAID APPLICATIONS – Mark Nardolillo**

MEDICAID RECOVERIES. 585-288-8820  
Let us expedite your application.

## **PHYSICAL THERAPY AT HOME – Molly Greenbaum**

STRONGER TODAY PHYSICAL THERAPY. 585-662-4668  
Strength, Balance, Mobility, Floor recovery – billed to Medicare.

## **REALTOR & ESTATE CLEANOUT OWNER – Heidi Scheer**

RE/MAX REALTY GROUP/ENTIRE ESTATES. 585-690-8315  
Selling Homes – Inside & Out!

## **HEARING AND SPEECH AT HOME – James Coyne**

COYNE SPEECH & AUDIOLOGY. 585-236-7474  
Hearing Evals and Hearing Aids in the comfort of your home.

## **HEALTHCARE / FINANCIAL CONSULTANT – Sean Mulvey**

PAX CAPRA LLC. 716-998-3733  
Let Medicaid pay your family to care for you. Helping individuals reach their personal & financial goals.